

# Village of Duchess      September 2018

School started on Wednesday August 29<sup>th</sup>, and it's sure nice to see the kids around. Please be extra cautious in the school and playground zones.

Alberta Transportation has completed the repaving on Railway Avenue and I think we are all happy with the fantastic job they've done. We are on the list to complete several street fixes within the Village this fall.

Hopefully the paving crew will be on site soon.

Are you new to the area! Do you live in Duchess or County of Newell Divisions 3 and 8? The Duchess library is part of the Shortgrass Library system and Duchess is one of 14 libraries in the system. The Duchess library has magazines, newspapers, ancestry library edition and Gale courses (which are a variety of online courses for 6 weeks and start up on a monthly basis) available for patrons; Your Library card is required to access these programs, but;

**Library cards are free!**

Please either visit the library in person or call 403-378-4369 for more information.

## Duchess Recreation Centre

School is back in and we are starting to get our fall programs coming out. Grasslands Soccer will be returning to Duchess this year. You can check out their Facebook page for nights and times and fees. You can register for Soccer on September 5th and 6th at the JBS Centre from 5:30-7:30pm and you will receive a \$20 dollar discount on your early bird registration.

September 12th will be registration from 6:00 - 8:00pm at the Duchess Recreation Centre.

Anyone looking for guided exercise classes; we have a selection of styles that will suit a variety of people. Shake it off with Deb, a low impact class happens

Tuesday and Thursdays at 10am to 11am and you can contact Deb Schottenbauer at 403-501-9297 for more information.

Shelley offers a weight lifting mixed cardio fast paced class over the weekday evenings please call her at 403-793-0023 for more information.

No limits boot-camp with Cara will start September 11th and will run in 6 week sessions Tuesdays and Thursdays from 6:15pm to 7pm. Cara is an amazing instructor and can modify any work out to work for anyone.

Please stop in at the Front Counter of the Duchess Recreation Centre to Register. Spec play group for Preschoolers will kick back up in September and will take place on Wednesday mornings.

The Duchess Recreation Centre is currently looking for a yoga instructor to bring yoga classes to Duchess, if you are interested or you know someone interested, send them our way. Keep watching our Facebook page and the led sign in Duchess for more information.

Sara Coderre

Village of Duchess

Recreation Centre Coordinator

403-378-3311

[duchessrecreationcentre@gmail.com](mailto:duchessrecreationcentre@gmail.com)

Duchess Turkey Supper is scheduled for October 15<sup>th</sup>, 2018 and will be the 96th in the Village of Duchess.

For more information or to volunteer, call Kathy Ramer at 403-793-4506

Duchess office

103 2<sup>nd</sup> Street East

403-378-4452

[administration@villageofduchess.com](mailto:administration@villageofduchess.com)