

Village of Dutchess

September 2017

Dutchess Municipal Election will be held on October 16th, 2017.

If you are interested in running for Dutchess Council, please stop at the office and pick up an information package or talk to us about running for Council...Information is available on our website www.villageofdutchess.com and can also be found online through Municipal Affairs.

Nomination Day is September 18th... and your nomination papers must be filed between 10am and noon.

Dutchess Turkey Supper is scheduled for October 16th, 2017 and will be the 95th in the Village of Dutchess. There will be an organizational meeting for the turkey supper Monday September 11th @ 7:30 at the Dutchess Hall. We would like people to take on small parts of this event or join the team and we welcome new ideas.

For more information or to volunteer, call Kathy Ramer at 403-793-4506

Fortis has completed the streetlight conversion within the Village.
Fortis replaced all the High Pressure Sodium with LED.

Check out everything you and your family can do to stay active together this fall at the Dutchess Recreation Centre.

Monday night Yoga with Merrilee Falkenburg from 5:15pm to 6:15pm.

Atomic Volleyball program for youths, there is a great need for youth recreational programming in the sport of volleyball. The ATOMIC volleyball program can help fill this need; it is a comprehensive 8-week program with adapted rules (smaller court, lower net, fewer players per side, softer volleyballs).

Go atomic 1
9-10 years old, grade 4-5
Monday 4:30-6pm \$80 October 2- November 27

Go atomic 2
11-12 years old, grade 6-7
Tuesday 4:30-6pm \$80 October 3-November 21
Dutchess Recreation Center

SHAKE IT OFF WITH DEB is back as well. This program is offered to any fitness ability and any age. As long as you willing to have a little fun and maybe break a sweat.. this class is for you. We combine cardio strength and stretch to give you a full body workout. If you have a little one who likes to move jump hop to music as you exercise they are very welcome to join us. We are starting Tuesday September 12 at 10 am to 11am. This session will be run every Tuesday and Thursday for 10 sessions. So either join for the whole session for 80\$ or drop in and give it a try for \$10/class any questions please call or text me at 403-501-9297.

Evening Boot camp with Cara Fulton - Mondays and Wednesdays from 630pm to 715pm. There is a different format for each class to keep you challenging your body while having fun. This high energy class, incorporating Cardio and Resistance training will keep you on your toes!
All levels welcome, but be prepared to sweat! \$120 for 12 classes and DRC members get 15% off.

For information on any of these classes, programs or memberships at the Duchess Recreation Centre, Please call us at **403-378-3311** or stop in and see us.

We would like to welcome all the new business owners in Duchess.

We have a brand new Pharmacy – Duchess Drug Mart - offering full pharmacy services Monday through Saturday. They have a huge list of services they are offering.

We have new owners at the Duchess Station – congratulate Susan Jensen and thank her for the fantastic Duchess Days fireworks..

The mini mall on Centre Street has new owners
& the Sunrise Inn also has new owners.

We are very happy to see all the activity in the Village !!

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